



Sutter VNA & Hospice

A Sutter Health Affiliate

Community Based, Not for Profit

Home-Based Physical, Speech and Occupational Therapies

Sutter VNA & Hospice will help make it a smooth transition from surgery to recovery, and maximize your patient's rehabilitation potential.

Sutter VNA & Hospice can send*:

- A Physical Therapist to continue the therapy program initiated in the hospital. Our PTs work with patients to help them achieve independent, functional mobility.
- An Occupational Therapist to assess the need for ADL training and adaptive equipment.
- A Speech Language Pathologist to assess the patient's ability to swallow and eat safely, as well as the patient's ability to communicate.
- An RN if the patient is having pain.
- A Medical Social Worker to assist with social and financial problems that may be interfering with health improvement.
- A Home Health Aide to help with personal care needs.

Common Diagnoses and Procedures Referred for Physical Therapy:

- Total Hip Replacement Surgery
- Total Knee Replacement Surgery
- Osteoporosis
- Fractures
- Amputation
- Acute Back Pain
- Head Injury
- Stroke

- Degenerative Joint Disease
- Osteoarthritis
- Herniated Disc
- Rheumatoid Arthritis
- Laminectomy
- Osteomyelitis
- Cardiopulmonary patients who require rehabilitation
- Parkinson's Disease
- Brain Injury
- Aphasia
- Dysphagia

Examples of Physical Therapy Services:

- Assessment/evaluation
- Recommendation and use of assistive devices, prosthetics, and orthotics
- Instruction in gait, transfer, and other mobility skills
- Therapeutic exercise
- Post-surgery rehab programs
- Exercises to improve balance and coordination
- Neuromuscular re-education
- Pain management strategies, including physical modalities, postural training and exercise
- Prevention of falls and safety promotion
- Teach and train caregiver

Examples of Speech Language Pathology Services:

- Assessment/evaluation of speech/language, swallowing, cognition and communication
- Strategies to assure safe swallowing and progression of diet consistencies
- Communication strategies to improve comprehension, memory and the ability to express one's needs
- Assessment of cognitive function to assist in identifying best learning strategies for the patient to gain the most out of home instructions and home therapy
- Cognitive therapy to improve executive functions such as managing a checkbook, making change, keeping a calendar of appointments, etc.

Examples of Occupational Therapy Services:

- Assessment and evaluation of patient's status
- Adaptive equipment strategies and training in activities of daily living
- Environment modifications for joint protection, accessibility and safety
- Instruction in adaptive occupational behavior skills and habits
- Assessment for appropriate support surfaces and for sitting and lying
- Therapeutic intervention to help patients adapt to their limitation and restore their roles at home and in society



*We welcome your patient referrals.
Please call (800) 557-9777.*

*Medicare patients must meet "homebound" criteria. Some other insurers require patients to be homebound, others do not.